

A spotlight on: Mental Health and Wellbeing Session links



Thursday 8 February 13:30-14:30

People with a terminal illness and their loved ones commonly experience anxiety, uncertainty and anticipatory grief. This session will look at how people with a terminal illness and their loved ones could be better supported.

Contents

Introduction and welcome

Dr Anne Finucane (Marie Curie and University of Edinburgh)

Psychological interventions for patients with advanced disease and at the end-of-life

Professor Gary Rodin (University of Toronto & Princess Margaret Cancer Centre, Toronto)

People with severe mental illness - a marginalised population with special palliative care needs (selected abstract)

Professor Julia Verne (National Mental Health Intelligence Network, Office for Health Improvement and Disparities, Department of Health and Social Care)

Mental health and wellbeing towards the end-of-life Research and Knowledge Exchange Network

Dr Anne Finucane (Marie Curie and University of Edinburgh)



Marie Curie support links

Marie Curie's guidance on coping with depression and anxiety:

<https://www.mariecurie.org.uk/help/support/terminal-illness/wellbeing/depression-anxiety>

Mental health, loneliness and support:

<https://www.mariecurie.org.uk/help/support/support-directory/mental-health-loneliness-and-support>

Psychological interventions for patients with advanced disease and at the end-of-life - Professor Gary Rodin (University of Toronto & Princess Margaret Cancer Centre, Toronto)

You can find out more about the CALM intervention in this article led by Professor Gary Rodin: <https://pubmed.ncbi.nlm.nih.gov/29958037/>

People with severe mental illness - a marginalised population with special palliative care needs (selected abstract) - Professor Julia Verne (National Mental Health Intelligence Network, Office for Health Improvement and Disparities, Department of Health and Social Care)

Abstract link: People with severe mental illness – a marginalised population with special palliative care need:

https://spcare.bmj.com/content/14/Suppl_1/A27.2

Mental health and wellbeing towards the end-of-life Research and Knowledge Exchange Network - Dr Anne Finucane (Marie Curie and University of Edinburgh)

Sign up for the Mental health and wellbeing in Advanced Illness Network (MAIN): <https://app.onlinesurveys.jisc.ac.uk/s/edinburgh/mental-health-and-wellbeing-at-eol-network>

Read the MAIN position statement:

<https://www.mariecurie.org.uk/globalassets/media/documents/research/main-network-statement.pdf>

For more information on MAIN, head to:

<https://www.ed.ac.uk/health/research/current-research/mental-health-wellbeing-in-advanced-illness-network>

Acknowledgements

Many thanks to the speakers for sharing their work at the Marie Curie Research Conference 2024.

If you have any questions, please contact the Research Team at Marie Curie:

Email: research.info@mariecurie.org.uk

Follow us on X @MarieCurieEOLC